

HANSENS MASURKA  
(Norway)

I learned this dance at a party in the Østfold region in 1982. The man I learned it from said he learned it in tradition right after World War II. He called the dance simply "masurka", so I have named the dance after him to distinguish it from other masurkas. He did not indicate that the dance had a fixed sequence, but he always seemed to dance it with these 16 measures. Source: Brynulf Hansen.

Pronunciation:

Music: Heilo HO 7012 (LP) or HK 7012 (cassette) Side 1/4  
"Sull, sull" 3/4 meter  
Any Norwegian masurka that fits the dance.

Formation: Cpls in a circle, M back to ctr, W facing ptr. Shoulder-waist pos. M may modify this by placing his L hand on W shldr blade or slightly higher.

Characteristics: The masurka has 3 relatively even bounces. That is, no count is especially accented in the dance.

Meas

Pattern

- 1 Ftwk described for M; W use opp ftwk throughout.  
M step on L ft to L (ct 1); raise wt on L, then close R to L and lower wt onto both ft (ct 2); raise wt and then lower (ct 3) ending with wt on both or on R ft. Wt is lowered on the beat and raised (almost incidentally) between beats. Cpl moves in LOD.
- 2-3 Repeat meas 1 twice.
- 4 M takes 3 steps: L,R,L (cts 1,2,3). The cpl rotates 1/2 turn CCW. Stay facing ptr.
- 5-6 Repeat meas 1 twice using opp ftwk. M is now on outside of circle facing in, so cpl still moves LOD.
- 7 Repeat meas 4 using opp ftwk and turning CW.
- 8 Repeat meas 7. M ends on outside facing in.
- 9 Moving LOD, the cpl rotates 1 full turn CW. Stay facing ptr with R ft more-or-less between ptr's ft.  
M: Step twd ptr on R (ct 1); a large step on L around ptr (ct 2); bounce on both ft (ct 3).  
W: A large step on L around ptr (ct 1); bounce on both ft (ct 2); step twd ptr on R ft (ct 3).
- 10-16 Repeat meas 9 seven more times.

Presented by Alix Cordray